



**Brain Injury  
Alliance**  
I O W A

**25th Annual  
Best Practices in Brain Injury Services Conference**  
“**Shattering** the Myths,  
Unmasking the Opportunities”

**Break Out  
Friday, March 3, 2017  
1:00pm-2:00pm**

***Roxanne Cogil, BS, CBIS***

Roxanne is the Director of Iowa Epilepsy Services for the Epilepsy Foundation since May 2012. She received a Bachelor of Science Degree from Iowa State University in 1995 and completed training and testing to become a Certified Brain Injury Specialist (CBIS) in March 2015. Responsibilities include overseeing statewide programs, services and advocacy, as well as providing direct service in central and western Iowa to individuals, families and professionals impacted by epilepsy.



**Seizure Recognition & First Aid**

One out of every 10 people will have a seizure and 1 out of every 26 people will be diagnosed with epilepsy before they reach their elderly years. Brain trauma and brain injury are major identified causes of seizures in teenagers and young adults. This lecture will cover the four most common types of seizures: simple partial, complex partial, absence and generalized tonic clonic. The attendees will learn what symptoms to look for when recognizing seizures, as well as basic seizure first aid, seizure triggers, seizure emergencies and how to support individuals with seizures.

**Objective:**

- To identify the four most common seizure types & seizure first aid/response
- To learn common seizure triggers/precipitants
- To recognize situations of when a seizure is a medical emergency

**Target Audience:**

Case managers, counselors, professionals

\*Not limited to target audience